

The Beat

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PreTeen Teacher
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What does a watermelon dropped from a ladder have to do with honor? Absolutely nothing. That is, of course, unless the watermelon is wearing a bike helmet. Now, that's a different story! And it's a story Chicago area police want to be sure kids hear.

Police officers in Buffalo Grove (a suburb of Chicago) recently honored 16 young residents who, because they wore their helmets, were saved from serious injuries while biking and skating. The award presentation included dropping two watermelons from atop a ladder. The watermelon not wearing a helmet busted into mush; the one wearing a helmet showed no marks of injury. The honorees were recognized so that others would learn how safety pays—in many ways. The kids' good choices not only saved them from smashed brains, they received "Saved by the Helmet" awards as well.



THINK ABOUT IT

- What does it mean to honor someone?
- Name some different ways people show honor to others.

Worthy of Honor

Think about people whom you and your friends honor. Divide up into pairs and jot down as many specific names as you can in one minute. Compare lists with your classmates to see if there are any names you have both listed. Label two columns on the board: "worthy" and "most worthy." Write the names of the people in your lists under the category headings you feel fits them best. Tell why someone might be named "most worthy" of honor.



How will you show honor to a parent or other family member this week?