

The Beat

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“Go team, go!”

Every year, more than 20 million kids sign up to play soccer, baseball, football, hockey, basketball, and other competitive sports. Are you on a team? If so, you probably know the good things it offers. If not, maybe you should reconsider. In addition to exercise and fun, experts say being on a team gives you the chance to learn self-discipline, leadership, and cooperation skills. Learning to share, handling stress, and taking on competition are a few other benefits.

Kids have a lot to say about teamwork. “I think the best part of team sports is that you have more than one person to rely on,” says Chelsea, age 12. Mark, age 13, says, “If you don’t work together, you’ll end up losing. As the old saying goes, there is no ‘I’ in ‘team.’”



THINK ABOUT IT

- Why do you think so many kids sign up to play team sports?
- What’s your favorite part of being on a team?

Triple Play!

Most team projects benefit three different groups: individual team members, the team as a whole, and the audience or recipients. Pair up with a classmate and think about something you’ve worked on with others—a mission project, teaching a class, making a presentation, etc. Divide a sheet of paper into three columns and record how your efforts accomplished a triple play by accomplishing good for each of the three groups involved.



What can you do to glorify God while working as a team player this week?