

- SUNDAY—Read Exodus 20:7; Leviticus 19:12.
 What are some proper uses of God's name?
 What does your speech show others about your relationship to God?
- MONDAY—Read Psalm 15:1-3.

How much importance do you place on speaking the truth? What can we do to develop the kind of speech God wants us to have?

 TUESDAY—Read Proverbs 15:1-4.
 What triggers you to become angry and yell at others? Ask God to help you give a gentle answer the next time you are ready to lose your temper.

- WEDNESDAY—Read Proverbs 12:13; 21:23. Can you think of a time when your words got you into trouble? What happened? How can we control our tongues when we are tempted to spout off?
- THURSDAY—Read Matthew 5:21, 22.
 Have you ever been called an offensive name?
 How hurtful can name-calling be? What does this passage say about name-calling?

- FRIDAY—Read Ephesians 5:3-7.
 If we routinely listen to dirty jokes or foul language, are we honoring Christ? How can we make godly choices in what we listen to?
- SATURDAY—Read Matthew 12:36, 37.
 Try to imagine yourself standing before God, giving a reason for every word you spoke on earth. Will you be acquitted or condemned? Ask God to help you speak more wisely.

Find this verse in the Bible. Together, memorize the verse. **Ephesians 4:29**

Talk to God! He's waiting to hear from you!