Lesson 4

David and Mephibosheth: 2 Samuel 9

Talk

Kindness is a "fruit of the Spirit" (Galatians 5:22, 23) to be

practiced by all followers of Jesus. Your child will watch you and "catch" you practicing kindness—or not practicing it. Will she catch you being kind to family members? neighbors? friends? strangers?

In our fast-paced world, it is easy to overlook words and acts of kindness. Kindness requires an investment of time and energy. Developing the habit of demonstrating kind acts and using kind words is an important part of your child's growth process. Remember, a family focus on kindness will benefit your family for a lifetime! Bible FUN

This week, help your child remember: **God wants us to be kind.**

Proverbs 17:17

Find this verse in a family Bible. Roll a ball back and forth with your child repeating the Bible verse as the ball goes from one set of hands to the other.

Family Kindness. Brainstorm a family project where you can show kindness to someone in your neighborhood, church, or school. Think of people who would benefit from kind actions. Is there an elderly neighbor who needs help with yard work, a family with an illness who needs a meal, or a community project to get involved in? Explore the possibilities to see how your family can spread kindness to others.



Use these thoughts at mealtimes, bedtimes, or other times when you pray with your child this week.

Thank You, God, for David's example of kindness in the Bible.

God, help me show kindness to others.

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